

## **Is Mobile Massage Therapy Appropriate for Me?**

Receiving a massage in the comfort of your own home sounds great, right? We agree!

But for the sake of your convenience, our safety, and the protection of our equipment, we have compiled a list of questions for all potential visitations.

- **Do You Have Enough Space?**
  - A minimum space of 10x6 is needed to allow for getting the table set up, and moving around the table while working.
- **Are You A Smoke-Free Household?**
- **Do You Have Appropriate Childcare For The Duration Of The Session?**
  - We love kids! But we do ask that arrangements are made for any children requiring supervision. This is not only for the safety of the little ones while you are indisposed, but for the efficacy of the appointment as well; a bodywork or massage session is far more effective when you can step out of your Mom-brain (or Dad-brain) and focus fully on your body and session.
- **Do You Have Appropriate Pet Care For The Duration Of The Session?**
  - We love pets! But we do ask that if your furry companion is prone to marking their territory, prone to chewing, or prone to barking, that they are contained to another area of the home for the duration of the session.
- **Is Your Home/Apartment Easy To Transport A Massage Table Into?**
  - Stairs are acceptable for 2<sup>nd</sup> and 3<sup>rd</sup> floor visitations.
  - Any 4<sup>th</sup> floor visitations will need to be accessible by elevator.
- **Does Your Home/Apartment Have Adequate Parking?**
  - Parking must be available within one block of the home/apartment.
    - Please note that all parking fees will be added to the session cost
- **If Your Home/Apartment Requires Visitation Passes/Codes, Are Those Easy To Arrange?**
  - Access codes or instructions for visitors passes will need to be conveyed prior to arrival
- **Are You Seeking In-Home Massage Therapy For Legitimate Reasons?**
  - Any inappropriate behavior will result in cessation of the session and immediate departure of the therapist. The appropriate authorities will also be notified of the incident.

If you answered “yes” to all questions, then mobile massage is an appropriate option for you!  
Please contact us to schedule your appointment!

If, however, the answer to any of the questions is “no” then unfortunately an in-home session is not a suitable option for you at this time.

*Please be advised that if an in-home session is scheduled in spite of a “no” to any of the above questions, the therapist reserves the right to cancel the session upon arrival and full payment will still be expected.*